

BURY CTC

EVER TRIED CYCLE TOURING?

Every Sunday morning, in all weathers, Bury CTC members get on their bikes and leave Bury for areas of scenic beauty surprisingly close to home. The Ribble Valley, Lancashire Plain, the Forest of Bowland, Calder Valley and the South Pennines are all within easy reach.

On longer runs, but well within a days ride for a reasonably fit cyclist, are the Yorkshire Dales and the Peak District.

Runs are always planned to take in the quieter roads whatever the destination.

CYCLISTS' TOURING CLUB

Founded in 1878, the CTC is a national organisation which is divided into local groups. Bury CTC is part of Manchester & District CTC which also includes neighbouring Bolton and Rochdale groups.

The CTC is now called 'Cycling UK'.

Bury CTC began life way back in 1929 with club runs held most Sundays since then - only interrupted by the Second World War! In 2004 we celebrated our 75th anniversary with the production of our new 'CTC Bury' cycling strip shown opposite.



CLUB RUNS

Our main activity is a regular programme of Sunday rides (we call runs) covering a distance of between 40 to 100 miles depending on the season and the weather.

There are two groups - A & B. The B group rides are shorter at an easier pace. You must have completed rides of at least 40 miles before coming out on a club run.

For those who only want a morning ride, there is always the option to ride just part way and return early.

All riders are advised to carry some food, a drink, tools, a spare inner tube, some waterproof clothing and a little money. Cafe stops are made. Under 14s must be accompanied by an adult and if under 18 you need parental consent.

The club also offers you opportunities to cycle tour further afield at home and abroad; and Youth Hostel weekends.

CLUB MEMBERSHIP

We welcome new members, and as a newcomer you would not have to join immediately, but you can participate in a number of rides to see how you like it. It is normally required that you join after riding four club runs.

The subscription is paid to national headquarters and not to Bury Section. The annual fee for full membership (age 18 to 64 years) is £43.

For under 18s and full-time students under 26 it costs just £21.50. If over 65 or unwaged, then membership will cost £28.50 for a year. Contact the national office to confirm current rates.

Membership is good for the insurance benefits alone. You also get 'Cycle' magazine delivered free every quarter.



A group of riders prepare to start one of the annual Charlie Westlake / Walter Pilkington Sportive Bike Rides—an event held until recently on a Sunday in early March to commemorate two legends of Bury cycling. There is a choice of either a 50km route or a more testing 100km route which are now run as reliability rides. Donations to Bury Hospice are encouraged.

WHERE DO THE SUNDAY RUNS START?

Both groups always meet outside the Wilko store on The Rock, Bury.

A list of runs with start times can be found on our website or obtained from our Publicity Officer (see back page).

The sports pages in the Bury Times usually feature the destinations and meeting times for the following Sunday's A and B group runs.

SOCIAL LIFE

Our quarterly club meetings are currently held at The Trackside, Bolton Street, Bury. They offer an opportunity to socialise off the bike and to compile our runs list. You are welcome to attend and discuss cycling matters with us and, if you wish, to sample the real ales. Bikes can be left locked against the railings outside. See the website for the date of our next meeting.

AN INVITATION

Come and sample the enjoyment of club cycling with us. Cycling's easier in a group and newcomers of all ages, male and female, are always welcome.

See you on Sunday!

VISIT OUR WEBSITE

You can find out more about Bury CTC by visiting our website:

www.cyclingburylancs.com

The website contains a brief history of the club, the current runs list, news and past runs reports, photos, and much more.

Contact our Publicity Officer by email at: butterworth.john@talk21.com

or telephone 07963 701799.

Visit the Manchester & District CTC website for regional cycling news:

www.delphcyclist.info/MAD.html



we are
cycling
The cyclists' champion UK

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Web www.cyclinguk.org

Bury CTC expects its riders to carefully observe all the rules in the Highway Code. It must be pointed out that cycling can be a strenuous activity and therefore all participants should be in a reasonable standard of health. Use of a cycle helmet is not compulsory, but highly recommended.

Experience club cycle touring with **BURY CTC**



www.cyclingburylancs.com

